

09082: "reaching a state of neutrality having no hope left for my italian project nor any hope for any social integration but accepting my role here in the netherlands recording again with livia sleeping on my chest and trying not to wake her up with my voice as well as now also recording walking in the empty streets of venice during my short visit there"

06103: "in the netherlands this time taking advantage of the little free time and some sunny days with no wind to take quick bike rides feeling an extreme need for physical activities after a summer spent working in the alps and finding quite some energy to take long bike rides in a short time"

15111: "breathing an ok air while in the netherlands despite some car traffic experienced visiting leiden and then rotterdam until going for a week to italy mostly breathing some of the tractor and my chainsaw emissions along with the fresh mountain air"

06104: "working in the cathedral valley along side with vito and his friend lucio cleaning it up from all the wood very thoroughly and taking care myself to load my tractor with timber and then also by hand download it in vito's field next to the road and working hard now feeling a little untrained after a month in the netherlands mostly walking and not training my arms"

07132: "painting executed back in the netherlands after some time spent in italy and trying to recover the horizontal flow and now also decentering the dot in the drop"

06105: "spending a lot of time on the steep valley below my cathedral to clean out trees as well as all the weed growing over them and finding little energy to begin with and only towards the end gaining some"

08091: "improvising a bowerbird fable somewhat reflecting also my creative spirit but again making the character degenerate together with his ambitions and at last also giving him divine power"

06106: "still working hard clearing the valley to the cathedral and removing all the weed there and the plants underneath it trying to put all the leftover in a line parallel to the ascension"

06107: "still working hard clearing the valley below the cathedral and this time feeling a bit more energetic despite loosing a bit of hope after discussing the construction with an architect"

10115: "folk met in holland from our small town like a dutch girl married to a northern italian and a cool adventurous neighbour but also traveling to italy and getting to talk to the southern italian taxi driver and later meeting a woman with supernatural powers from my contrada in the mountains and a transcendentalist"

cousin of her"

13165: "filming now with my phone camera cities in the veneto like venice walking back and forth to the apartment as well as vicenza and padua where i visited my aunt and back in holland taking advantage of the nice autumn weather to take several walks filming public places also now for the first time with livia on my bike"

16127: "quite a nice autumn in the netherlands with some days of very blue sky and then going to italy to find a much warmer temperature but experiencing the first cold night in the mountains with a strong wind and a storm bringing snow to the tops and then again the heat beside one gloomy day spent in venice with my parents and back in holland still finding a quite sunny autumn"

18123: "not so much wind to begin with in holland and mostly while in rotterdam experiencing some wind and really experiencing a very powerful wind in a night spent in my mountain cabin in italy with such a power that i could clearly see the ocean from my cathedral and later finding days of no wind back in the netherlands till at last experiencing more wind change with several days spent biking"

05126: "a month walking quite intesively yet often the same path like with livia in the netherlands and in venice walking back and forth to my apartment or working in the mountains at my project but also walking new routes like in rotterdam before catching the plane and in padua on my way to meet my aunt and even biking to other cities like to den bosch and then walk there with myrthe and livia and with them also take a long walk in the dunes east of harleem reaching the ocean"

06108: "still now working on my cathedral and getting back on the upper part now digging the foundation of the wall thinking that it could have been realized but not really having the energy of the summer to do more than two loads especially with the earth being very compact and heavy and then helping my neighbour vito to collect the wood in the valley and downloading it again alone in his field on the side of the road"

06109: "back in holland now mostly training by going on a bike first trying to exercise by taking livia also for a ride for the first time but not being able to reach enough heart beats and then going by myself this time all the way to den bosch taking quite straight roads next to the railroad"