

Yesterday I was updating my project when Myrthe got really angry to hear that I gave some powder milk to Livia over night to make her sleep. We likely make up again and received a nurse who came to check on Livia. Later I went with her for a walk but she cried and had to make it short. Back home there were two immigrants fixing the roof at a decent price and Myrthe and I ate the leftover spaghetti. In the afternoon I did some bureaucratic things related to the renting of the Venice apartment and later we walked all together to the new part of town to buy Livia a natural powder for her tummy aches. Back home I steamed potatoes with fish.

Yesterday i updated my project then walked with Myrthe and Livia downtown. There we got her a pass photo from a nice old fashion photographer and walked a little through the market. Back home I went for a nice run in the frozen grass and showered before eating pancakes. In the afternoon we drove south. I wanted to take Livia and Myrthe to the nice little river I discovered with August but the passage over the railroad was blocked and we had to walk to a pancake house with much cold wind blowing against us. At home I went out again with Livia to return the milk pump to the medical shop and managed some drawings before eating meatballs and watching some TV.

Yesterday I updated my project and then went with Myrthe and little Livia for a walk in the freezing weather. As we were eating some pasta with broccoli for lunch the oven exploded and I had to unplug it definitively. In the afternoon I managed to take a walk by the frozen river near quite some people skating on the ice. Back home the cake Myrthe was cooking in the broken oven was cooked on time and we served it to her aunt Connie who came to visit. After talking to her we took another walk and then I got in my study to scan quite some trash. For dinner I cooked a vegetable soup and watched some TV while reassuring Livia with a little bit of tummy aches.

Yesterday it was very cold and windy and we stayed pretty much indoor. I updated my project and fixed quite some bureaucratic stuff mostly for the rental of the Venice apartment to foreign students. For lunch I warmed up the leftover soup and ate it with Myrthe's father who latter offered us a cheese cake at the library. Back home I updated the Juridic part of my project with new images and videos and later went to do some grocery with Myrthe and Livia in the stroller. I also got fries and at home we made some hamburgers. In the evening I sat down to draw in front of the TV and later reassure Livia with a belly ache.

Yesterday I updated my project and then looked after Livia while Myrthe was buying some bread for breakfast. Later Thijs and Cathelijne came to visit and we had an okay discussion. It was a bit more fun in the afternoon when Myrthe's old Utrecht friends came with all their kids. They all got to hold Livia and we were also out playing a bit on the ice. Later when everyone was gone I got to take a walk by the river and back home we ate a salad and bathed Livia.

Yesterday I was updating my project but Livia was crying and I went out with her for a nice walk to the small zoo park in Culemborg. The sun was rising and all the roosters there where singing. Back home I finished to update my project and then cleaned the house up and did some laundry before Luca and his Dutch girlfriend Mary came to visit. The sun was shining and it was nice chatting with them in the garden and then move inside to eat some biological veggies they had prepared for us. Later on I showed them the historical center and offered them a drink in the Belgian beer place before shortly taking them to the river. They soon after had to go and I went back to the river alone to record my thoughts. Back home Myrthe had Fiona over to visit her and Livia and I cooked an Asian soup with coconut milk.

Yesterday I updated my project and drove the car with Myrthe and Livia for the annual check. We then walked back that it was nice and sunny. After eating a salad we got a phone call from the mechanic explaining he had to fix three minor fix but for a huge price. I then offered Myrthe to pay for it and she bought the paint for the outdoor windows we bought at the hardware store. Back home I started sandpapering and painting the door and window at the entrance. Our neighbour got upset I did not do it the proper way with professional help but the result was nice. In the evening Myrthe cooked cabbage with sausages and rice which we ate with Hanneke who came for a visit. As the girls kept talking I watched the news and a talk show about the recent Italian elections with the anti-establishment parties taking the lead.

Yesterday I did a fast update of my project and then started to sandpaper and paint the door and windows on the garden side of the house. It went quite smoothly and by lunch time I ate the leftover cabbage and a salad before talking a long walk with Livia in the stroller. We went all the way down the old dike and then through the cemetery to the park. There I took a small break in the sun reflecting on my life before walking back through the town to home. There Livia kept sleeping and Myrthe went to pick our car up. We later did some grocery and back home I drew while Myrthe prepared a spaghetti with gorgonzola. Later in the evening we watched the Italian news to figure out the new populist government and kept watching a mellow American series.

The other day I tried to update my project while also taking care of little Livia. Later I walked with Myrthe to pick our daughter's passport at the city hall and bought some cheese and bread we ate with avocado and tomatoes back home. In the afternoon I took Livia for a walk but she cried several times. Back home it rained and I painted and did some drawings before at last going for a run. The weather was still quite bad but I ran quite fast down the old dike and back on the new one. At home I steamed veggies and salmon while Livia cryied almost non stop.

Yesterday it was a gray and rainy day. Early in the morning I was with little Livia and then updated my project. After eating the leftover vegetables I sandpapered the outside of our bedroom window and cleaned the gutter. I also got to talk very briefly with in Canada. I wanted to wish him happy birthday but he immediately started heating up about Muslims and so forth. For dinner I cooked spaghetti alla bolognese and later finished to watercolour an illustration while watching TV with Myrthe and Livia.

Yesterday I took care of Livia letting Myrthe sleep and then painted the outside of the bedroom windows before updating my project once she started breastfeeding her. I then went for a run on the dike, showered and cooked more spaghetti with the ragú sauce I made the other day. After eating we walked to Mirsa, the Albanian pianist who had a baby the day before Livia was born. I asked her quite a lot about Albania and drunk some mountain tea from there. We then walked to the city center and back home. I was quite tired and went to sleep. Myrthe and Livia followed me but when I woke up again it was too late to cook since our Chilean neighbour came to visit us with her husband. We talked a lot about Chile and got some tips about how to build the Vestige although Myrthe was too tired and finally they left.

Yesterday I looked after Livia and updated my project before going to a cafe to eat a salad with Judith and Matteo. Back home I went for a walk dow the river while Myrthe and Livia met with a friend. Later I finally managed to talk to August by calling his mother and drew and painted. Myrthe prepared some Lebanese food and I went to the supermarket to buy some ice-cream. In the evening Livia had tummy aches so we sat on the sofa and sung songs to her.

Yesterday I updated my project and then went with Myrthe and Livia to Francis and Camil to celebrate their kids' birthday. I taught one of them how to play some piano and then we got home again where Myrthe prepared pancakes. As it got sunny I went for a major walk with Livia all the way through the old dike and up the river to then turn on a smaller road back to town. It was pleasant outside and at home we got all the windows open and I cleaned the house and prepared the attic for Dani who I went to pick at the airport after cooking an Asian soup.

Yesterday I woke up that I was quite tired after Livia crying night. I managed to quickly update my project and we walked with Daniela along to the pediatrician. All was very much fine with little Livia and we got home where Myrthe prepared some sandwiches after which I took Daniela on a long walk along the river reaching the second fort, which was however closed and we got all soaked walking back in the rain but at least got to see a beautiful rainbow. At home Daniela made gnocchi and we went to sleep rather early.

Two days ago I updated my project and drove with Daniela, Myrthe and Livia to Utrecht despite the cold gray and rainy weather. We parked in the usual spot nearby Cas and Petra. After staying some time with them and the kids Daniela and I went to my Kurdish friend to eat Turkish pizzas. I felt a bit ashamed of the populist result of the Italian elections as we discussed about it although I told him that doors open and closes. Finally I took Daniela on a long walk through Utrecht and explained her a lot of things about past and present Netherlands. Back to Cas and Petra we drove home and Myrthe cooked Vietnamese wraps for us.

The other day it was very sunny and I quickly updated my project with Livia on my side and then drove with Myrthe and Daniela to Nederijn. It was very beautiful to go through the small forest and this time walk down the Waal passing by beautiful small farms, a mill and a castle. Finally we reached a not so nice village and walked back through the forest. We then drove in a village south of Utrecht where we ate a pancake out in the sun and later picked a second hand bag to keep Livia on the belly. Back home Myrthe made some salad with tofu.

Yesterday i again woke up early after a night with Livia waking up. This time I put her on my side and managed to update my project and let Myrthe sleep. i also gave Livia some powder milk and she also managed to fall asleep so that I could shower. We later all drove to Amsterdam in quite some traffic and parked at Hanneke's. She made some American pancakes for us after which we walked through a park to the Rijk's museum. Livia was crying again and it took some time before her and Myrthe and Daniela where set to go inside. I then took a walk in the center and got a soon a phone call from Daniela who got tired of the museum. I then had to pick her up and walk her to the center and back to the museum and then fast alone to get the car and pick crying Livia. Driving home there was again some traffic. In the evening Daniela and I made spaghetti all'arrabbiata. After a few drawings I was ready to go to sleep.

Yesterday I took care of little crying Livia before I could briefly update my project and then take care of Daniela, taking her for a bike ride down south along the small Linge river and then to a farm to buy some cheese. it was fun to improvise the way back to Culemborg and end up in the mud before reaching home anticipating the rain. For lunch we ate the old gnocchi we had and in the afternoon I followed Myrthe and Daniela downtown despite the rain and having to carry Livia in a bag which made the whole experience quite uncomfortable. Finally we went home and I went to buy fries while Myrthe cooked some meatballs and Daniela prepared a tiramisú with leftover ingredients.

Yesterday I woke up very early despite having attended little Livia in the night and I took Daniela to the airport by train. There I left her at the security gate and decided to walk all the way to Amsterdam Central. I am not sure any human being did such a walk with such a cold wind making me almost incapable to write on my phone and film. On the four hours walk I saw some ugly places as well as some cute ones. Finally I reached Amsterdam and also tried to get lost there walking in unexplored areas and eventually eating a Turkish pizza and some coffee bread. Once in the center I got fast sick of all the tourists and walked really fast to the station where I took the train back to Culemborg. It was till windy and cold there and I spent the afternoon hugging Livia and later updating my project once she left with her mother to visit her friends. In the evening after eating some gnocchetti sardi with tuna and tomatoes I scanned a big pile of drawings watching a movie on the Italian poet Leopardi.

Yesterday I looked after baby Livia and updated my project with her on my side. Myrthe had some friends over from Amsterdam and I prepared a new illustration. Later I ate some salad and cooked some risoni pasta for Myrthe. It was cold and gray out but we anyway went for a small walk in the city center and back home I painted and looked for jobs. In the evening I went to the supermarket to buy broccoli and chicken schnitzel which I prepared for dinner after doing some drawings.

Yesetrday it was very sunny but equally cold. I manage to update my project with Livia on my side in the stroller and then took a walk with Myrthe carrying her on the bag. I took her in a nice path in the fields and walked back home. There I cooked some pasta with gorgonzola for her while ate salad with the leftover veggies. In the afternoon I worked on a long introduction letter for a teacher position at Tilburg university and then took Livia for a walk in the cold and unny weather down the stream. For dinner I cooked lentils and mixed them with tomatoes, olive and feta cheese. We then wanted to watch some TV but first our neighbour Nico came in sort of demanding we change the fenc ein our garden and then Livia begun having tummy aches.

The other day it was sunny and I updated my project and worked on a job application with Livia sleeping on my side in the stroller. Cas and Petra came to visit and I ate some of their cheese cake before beginning to dismantle the old fence at the request of our neighbour Nico. He also came to help and we got all the wood in the back of the garden. I was quite tired in the end and had to sleep a bit before going for a walk with Livia down the old dike and back on the new dike with a Siberian cold wind blowing. In the evening I bought fries and Myrthe cooked some fish.

Yesterday I updated my project with Livia on the stroller looking at some puppets I hanged down from the ceiling. I then went to town to print some images of ferrocement examples I want to introduce to the Italian authorities as a building method for the Vestige. After eating some salad we drove to the art academy in Utrecht to meet with Rob, one of Myrthe's colleagues who gave me tips regarding the construction of the Vestige's main wall. We later drove back in quite some traffic and back home I had to take a small nap. In the evening I cooked some pasta with veggies and did some drawings.

Yesterday I played a bit with Livia then updated my project. After a run on the old dike I ate some leftover pasta and then built a little staircase for Nero to crawl in the garden door. Later I took Livia for a walk on the new dike and made her sleep. Back home I wanted to write a letter in response to the many letters published by newspapers about young Italians going abroad but had to cook a vegetable wok for Myrthe's old roommate and her boyfriend who came for a visit. I talked to them and llistened to the stories the boyfriend had to say about living in Saudi Arabia. After they left I made my usual four drawings.

The other day it was gray and cold. I did go for a run and then ate some salad before spending the entire afternoon studying online videos to better prepare myself on the ferrocement experiment to build my cathedral. Meantime Myrthe had some colleagues over and when they left we did some grocery to cook pita bread with chicken and veggies.

Yesterday it was August's thirteen birthday and five years Myrthe and I are together. I had Livia to take care of but as soon as fell asleep I called August who allowed me to stay longer talking to him on the phone. He was happy in his new room and with an exciting life ahead starting high school in Uppsala in the fall. Meantime Myrthe went to put on the summer tires and as soon as she was back with the car Nico and I went to get a T-post hammer to start setting the fence between our gardens. Back home I did all the hard work on the ladder hammering down the timber. For lunch I ate some leftover pasta and then did more hammering before returning the T-post and starting to screw in the horizontal planks. As I was trying to have a conversation with Nico telling me of his time in the Marines, Susanna and Franco came over and I got to talk to the latter while playing with their kid Leandra. After they were gone we went to Francis and Camil and I talked to the latter about my plan to pre-fabricate the modules to build the cathedral in Holland thus to keep close to Myrthe and Livia and he said he had space in an abandoned factory where some creative people develop their hobbies. After eating some sushi with them we went home and ate the leftover pita breads.

Yesterday I updated my project with Livia on my side and then helped Myrthe to load the car with thins she had to drive to Cas and Petra in their new forest cabin. It was very sunny out and no wind and I went for a fast bike ride on the dike towards Everdingen and back. I then ate and in the afternoon finished to put up the new fence with Nico. When Myrthe arrived back home I ate the leftover pasta and she made some scramble eggs with veggies. In the evening I draw watching some news and part of a boring American series.

Yesterday i updated my project and spent my time with Livia until Myrthe woke up at noon. I then cooked rice with veggies and we went for a walk on the river to enjoy the spring. Back home I helped Nico to drive the old fence to the dump talking about his experience as a Marines in Scandinavia, a totally different Scandinavia from what I have experienced. Later I prepared quite a lot of tiramisú for the guests to come and then spent more time studying the ferrocement technique watching more online videos. In the evening Myrthe made a salad and we ate some tiramisú. i then sat as usual on the ground drawing and starting to watch a good British series.

Yesterday I woke up after a regulation night where Livia had it hard and cried and ate on-goingly. I anyway managed to update my project on time to walk Myrthe and Livia to an appointment at the midwife. We later bought diapers and a box of white paper for my drawings after stopping at the library to print the dozens of pictures I collected watching ferrocement related videos. At home we ate some tiramisú before walking to the pediatrician. Livia grows well (she is now 4.3 kg, 1.5 kg more than when she was born) and handled well the vaccination shots she got. On our way home I went to buy cat sand, toilette paper and some presents for Florian's daughters. While Myrthe entertained her father I started cutting all the ferrocement images and later glued them in my notebook with all sorts of annotations. For dinner I cooked pasta and then biked with Camil to the old furniture factory where he grows mushroom out of recycled coffee and I am planning to start building my cathedral in pieces.

The other day it was gray and I kept little Livia on my side while updating my project. In the morning Myrthe had a first batch of colleagues who came to visit and I started packing the car with things we ought to bring to Italy, mostly things for Livia like diapers and so on. For lunch we ate the leftover pasta and in the afternoon new colleagues arrived to see Livia and I talked to one about my project. In the evening I cooked some cauliflower with shrimps and rice and then watched the news and our British series while drawing.