



Fig.174 Screenshot showing me in the center of my native highland during a beautiful winter day with clear sky. While the highland offers pure air in comparison to the industrial lowland, it has been turned into a city by those who profit from these industries. This lucrative urbanization motivated me to seek a more pristine environment.

Value 1 represents a day in which I have experienced absolutely no pollution. This might also imply that I spent the entire day in nature and perhaps it was windy. In fact when it is sunny and there is no wind often there are more cars and motorbikes with people wanting to enjoy the weather, eventually polluting it. Value 1 can also mean that I spent my entire day indoors due to very bad weather like rain. The air indoors is not always that fresh yet during these days I have not been experiencing any direct exposure to pollutants. Also whatever is the weather outside I always try to go out at least for a couple of hours. I need to breathe fresh air and it is very rare that I spend a whole day inside. More seldom, value 1 can mean that I have been all day out in nature like hiking in the alps. In this occasion I might departed on foot directly from our village. This idea of being local without having to constantly drive or fly to places, inspired me to develop a 3 kilometers walk though our land. This walk is dedicated to people who want to breath fresh air. For the purpose I only make sure the path is in good order but that the surrounding nature is kept untouched. With time I hope that I have provided the local population with a present, an oasis in which the environment has been able to fully rewild.